

The Junction Journal

The Junction Public School
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07/02/2022



Artwork by Auntie Michelle Earle
commissioned by TJPS in 2018

We respectfully acknowledge that this newsletter comes to you from Awabakal land.

In communicating how we learn, teach, and lead, we acknowledge and pay respect to elders past and present and extend that respect to all Aboriginal people as the traditional custodians of this land on which we are all privileged to live, work, and learn.

In this supplement

From the desk of our Student Leadership Team:

Swimming Carnival Report by
Pierre B and Milla V
School Captains

From the desk of our Stage 3 Teachers

Year 6 Team Building and
STEAM lessons

Hunter Health – Good for Kids Alternatives to Sandwiches

From the Front Office:

Correction to an advertised
community program on p8 of Issue 1:
The 'Pace' program was mistakenly
included in Issue 1. Note – This program
is a school-based program only.
Correction – Miss Bourne instead of Mrs.

From the desk of the Student Leadership Team...

2022 Swimming Carnival Report

On Wednesday 2nd February we had our annual swimming carnival. It was a day filled with fun and friendly competition. There were plenty of races and even records broken. Will B from Year 6 broke 2 records, the 100m and 50m freestyle.

Later that day, he was also part of the Ladkin Senior Boys relay team that broke the current standing school record. This team consisted of Will B, Pierre B, Rafferty D and Darby S.

Congratulations to everyone who participated. Towards the end of the day, we had a special surprise race which was between the top two senior boys and girls, and the teachers' team consisting of Mr Savage, Mr Radnidge, Miss Smith and Miss Mac.

Congratulations to the teachers' team who won by 30cm. Yes, that's correct 30cm!

Thank you to everyone who attended and participated, especially to the teachers who organised the day. We hope everyone had a great time.



From the desk of the Stage 3 teachers...

Yr6 Team Building/STEAM

Working in mixed groups with new friends, Year 6 had to design and build a roller coaster ride for a ping pong ball to safely land in a cup. Their materials were limited and basic, challenging their skills of resourcefulness. They had lots of fun and made some incredibly creative and elaborate rollercoasters.



Upcoming Events

TERM 1

February 7

First day of school -
Kindergarten 2022
Year 5 Great Aussie Bush
Camp

February 8

Year 5 Great Aussie Bush
Camp

February 9

Year 5 Great Aussie Bush
Camp

February 14-17

Meet the Teacher Week –
Stage notes to follow

February 21-23

Learning Support Team –
individual meetings by
invitation only

February 28 – March 4th

PLP Families – Breakfast yarns –
notes to follow

Next month

March 4 (Friday)

Clean- Up TJPS Day

March 6 (Sunday)

Clean Up Australia Day

[Clean Up Australia Events](#)

March 14-25

Goal Setting – Student/
Parent/ Teacher Interviews

March 21

Harmony Day

March 21 -22

Band Link – Newcastle
Entertainment Centre

April 6

School ANZAC Service

April 8

Final day of term 1

Good for kids

good for life



Alternatives to Sandwiches

If your child doesn't like sandwiches or wants more variety in their lunchbox try these ideas:

- Try everyday meals like salads, soup, pasta or fried rice. Save leftovers from dinner to save time.
- Prepare freezer friendly lunch box items like zucchini slice or mini frittattas – ready to grab and go in the morning.
- Pack sandwich ingredients separately for your child to put together just before eating.



Fried Rice Salad

1. Heat oil in a large fry pan or wok over high heat.
2. Sauté diced onion, capsicum, carrot and ham.
3. Add cooked rice, corn kernels, green onions & soy sauce. Stir fry for 2-3 minutes, mixing well
4. Transfer to a bowl to cool.
5. Spoon salad into containers and top with cherry tomatoes and coriander.
6. Store in the fridge ready to be added to the lunchbox.

For full recipe and more visit:

<https://www.goodforkids.nsw.gov.au/primary-schools/swap-it/recipes/>



Health
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Local Health District

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