

The Junction Journal

The Junction Public School

Union St Merewether 2291

Ph. 4963 1343

Email: thejunction-p.school@det.nsw.edu.au

Principal: Cath Larkman

25/08/2023

From the desk of Mrs Larkman

Good Afternoon to our parents and community,

I was thinking of you all yesterday and have been updated on the great day this morning. I recently realised that the long service day I had committed to spending with 2 of my grandchildren for Grandparents' Day at their school corresponded with our celebrations! As a result, I am going to share this report with Angie Harris and Jo Ellis who will report on some of our recent events.

Book Week Celebrations

It was again wonderful to see the community come together and celebrate Book Week. The Book Parade has always been extremely popular among our younger students and spasmodically taken on by our older grades. This year Miss Willoughby did a fantastic job of inspiring the whole school to join in the celebrations. Her daily costumes were highly anticipated at our lunchtime assemblies in the days preceding the event, and her message of reuse, repurpose and recycle was well received by all. We were again joined this year by local preschool children who got to know us a little better through this occasion. We continue to see our students rise to opportunities to engage with new members of our community, hold hands with the younger students and encourage their friends to fully experience the parade. We are very proud of our students at these moments. The costumes were amazing, thank you parents, and the engagement was delightful to see. I made mention on the day, but we had several casual staff that day who were thrown into the chaos and all responded overnight to the chance to dress up with our staff along with our current interns. Thank you to Mrs Cooper for keeping the troops engaged in the background while waiting for their turn. The children certainly showed a great deal of enjoyment throughout the parade, engaging in lessons took some serious classroom management skills after such an exciting start to the day. Well done everyone!

Angie Harris



Artwork by Auntie Michelle Earle
commissioned by TJPS in 2018

We respectfully acknowledge that this newsletter comes to you from Awabakal land.

In communicating how we learn, teach and lead, we acknowledge and pay respect to elders past and present and extend that respect to all Aboriginal people as the traditional custodians of this land on which we are all privileged to live, work, and learn.

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The Resilience Project Parent Sessions

This year with the assistance of the P&C, the Junction Public School have begun implementing a social emotional intelligence program called The Resilience Project. This week we held two Parent Information Sessions around The Resilience Project. Thank you to those of you that were able to attend. We valued sharing this time with you, in order to give you an insight to how the program looks in your children’s classroom. During this time:

- we unpacked some of the alarming statistics around Mental health issues in Australia and primary schools
- looked at the data from our school youth survey completed with children Years 3 –6 and how this data will be used
- we heard from the founder of the Project Hugh Van Cuylenberg on the 'three tricks' for happiness: Gratitude, Empathy and Mindfulness
- we shared strategies and techniques to practice these with our families

Consistent language and modelling of these strategies and practices between home and school will help our students embed these into their lives. Our goal and purpose are for all of us to have the 'go to' daily practices' to assist us in living happy lives and the 'go to' strategies to assist in times of adversity.

Further information will be shared via the Parent Portal on Sentral and on our GEM day at the end of the term. We will be holding further information sessions throughout the year, and we would love to see you all there.

Out of Uniform Days at TJPS

At our school we have an unrelenting focus on teaching and learning. One of the things that we observe on a regular basis is that when students come out of uniform, all students are quite highly distracted for the day and this impacts on the quality of their learning in the classroom. You know what they’re like on a windy day or after party food? It’s much the same.

We limit TJPS out of uniform days to links with the K-6 curriculum outcomes and consider carefully whether they are going to enhance core learning. Some out of uniform days are class based such as the first 100 days of Kinder celebration. Some are school based, such as our recent Book Week Celebrations. From time to time, we get requests for out of uniform days which represent causes in the community. Australia has many popular and meaningful causes and, as a centre for teaching and learning, we must prioritize the conditions for our core role of teaching and learning based on our mandated syllabus documents.

Thank you for your understanding.

Cath Larkman, Angie Harris, Jo Ellis

Upcoming Events

TERM 3

- Monday August 28**
Book Week Performance K-3 Way Too Cool
- Wednesday August 30**
Kinder 2024 Transition to school visit 12-1
Interrelate Sessions Evening
- Thursday August 31**
K-2 Sports Day
- Friday September 1**
Father’s Day – Donuts with Dad 8am-8.50am
Hunter Region Athletics Carnival
- Tuesday September 5**
Premier Band Day
- Wednesday September 6**
Indigenous Literacy Day
Concert Band Day
Kinder 2024 Transition to school visit 12-1
- Thursday September 7**
Newcastle Water Talks
- Tuesday September 12**
Kindergarten Excursion – Oakvale Farm
- Wednesday September 13**
Primary Wind Ensemble
Kinder 2024 Transition to school visit 12-1
- Friday September 15**
Grandparents Day – Library Book Donation
- Wednesday September 20**
Kinder 2024 Transition to school visit 12-1
- Thursday September 21**
Run for Resilience
- Friday September 22**
Final Day Term 3

TERM 4

- Monday October 9**
Students and staff return (no staff development day)
- Wednesday October 11**
Primary Band Day
- Mon-Fri October 16-20 & 23-27**
Stage 1 Intensive swimming Program
- Monday-Wednesday October 16-18**
Bandfest
- Friday October 27**
Year 5 Leadership Workshop 1
- Wed-Fri November 1-3**
Year 4 Great Aussie Bush Camp
- Thursday November 2**
Primary Wind Ensemble
- Friday November 3**
Year 5 Leadership Workshop 2
- Wednesday November 8**
Kindergarten 2024 Orientation 1, 9-11am
- Friday November 10**
Year 5 Leadership Workshop 3
- Monday – Friday November 20-24**
Christmas Book Fair
- Wednesday November 22**
Kindergarten 2024 Orientation session 2
- Wednesday December 6**
Kindergarten 2024 Orientation session 3
- Thursday December 7**
Band Presentation Night – Ncle Conservatorium
- Friday December 15**
Students last day of term

On Wednesday afternoon our 2024 Kindergarten families were invited to our first School Readiness Information Session. It was wonderful to see so many new and familiar faces in the crowd. The session was led by Miss Ellis, our Kindergarten AP, as she spoke about the importance of preparing young children for the new and exciting journey into 'big' school.

The focus of School Readiness is on self-care, organisation, fine motor skills and familiarity with our school surroundings and not on the academic side of school (that's what we do!). Self-care includes being able to tie our laces, wash our hands, go to the bathroom and blow our noses. The importance of blowing your nose regularly at a young age has a significant impact on a child's hearing as it helps to clear their ear canals. Being able to recognise their own name and organise their belongings helps stop young children becoming overwhelmed. Labelling of jumpers, hats, lunch boxes and school bags helps assist children, parents and teachers. Drawing, playing with playdough, colouring in, using tongs etc are all ways we can build strength in our children's hands to assist with the development of their writing skills in the future. Finally, being familiar with how our school works and what it looks like helps decrease a young child's anxiety at the start of the school year.

Thank you to TASK for taking the time to share their philosophy, activities and times available for before and after school care.

Thank you to the support of our P&C representative who was present at our information session. The P&C play a significant role in supporting school initiatives and meet on the first Tuesday of each month.

Further information will be provided about Best Start Assessment and starting times for 2024 later in the year.

A huge thank you to all of the families that attended, it is always an exciting time of the year as we get to meet our new families and upcoming Kindergarten children.



2023 School Staff

Principal - Mrs Cath Larkman
Deputy Principal - Ms Connie Emmington

Kindergarten

KC – Mrs Jody Cooper
KE - Miss Jo Ellis – Assistant Principal Early Stage 1
KG - Mrs Sarah Griffiths

Stage 1

1B - Miss Tess Barns/ Mrs Amy Blackmore
1H - Miss Angie Harris – Assistant Principal Stage 1
1L - Mrs Aleisha Ladkin
1/2A - Mrs Amy Lalic
2MC - Mrs Nina McLeod/ Mrs Nicole Jones
2/3A – Miss Alison Smoother (year 2)

Stage 2

2/3A – Miss Alison Smoother (year 3)
3LC - Mrs Holly Lynch/ Mrs Phillipa Campbell
3/4B - Miss Lucy Bourne
4F - Mr Brad Ferguson
4L - Mr Rob Low - Assistant Principal Stage 2
4N - Miss Lily North

Stage 3

5FW - Mrs Kate Farrell/ Mrs Sarah Wilson
5S - Mr Nick Savage
5/6K - Miss Kate Spring
6L - Mr Matthew Liles - Assistant Principal Stage 3
6R - Mr Michael Radnidge/Miss Gemma Doran

Learning and Support

Ms Connie Emmington - Coordinator
Mrs Claire Edwards / Mrs Katrina Gardoll
Mrs Michelle Morrison
Miss Sara Willoughby/ Ms Hannah Titchmarsh – Library
Miss Alison Tonkin – Music
Mrs Linda Whiteside – Counsellor
Mr Luke Sparksman – AP C&I
Ms Laura McAllister – Flexible Learning

School Learning Support Officers

Mrs Di Edwards
Mrs Nicole Harrison
Mrs Theresa Koitka
Mrs Emma Lovegrove
Mrs Pam Parkes
Mrs Belinda Scorgie
Ms Sevi Celik
Mr Jack Ward

Information from the Front Office Team...

Money Collection

The school is now using our new finance system 'School Bytes'

The school also accepts cash, (exact amount only), cheque or we have EFTPOS facilities in the office. (Please note that the school EFTPOS facility is only available for school payments and not P&C – such as the Uniform Shop).

Any cash payments to come straight to the office, this includes: - Band fees, School books, Excursion money etc. Any money that is sent to school must be in a sealed envelope/bag with your "Child's name and class" on the front and details of the event you are paying.

There is a "Payments" slot at the front counter in the school office – students are to post payments in this slot.

Absences

Any absence from school must be explained. The Sentral Parent Portal is a great way to advise the school of student absences, or alternatively phone the school, send an email or write a note. Each day at around 10am, the school sends out an SMS alert to parents of any child who has an unexplained absence for that day. Please refrain from using class apps like Class Dojo to explain absences as the teacher may not be at school or they are teaching and unable to read the Dojo message before 10am.

Extended Leave

If you are going away and leave is over (5) school days, you must complete an "EXTENDED LEAVE FORM" from the office prior to your leave. Leave forms submitted are subject to approval by The Principal.

Late Arrivals / Early Leavers

School hours are from 8.55am to 3pm. The first assembly starts at 8.55am. If children arrive later than 8.55am, they need to present to the office to provide late arrivals information to office staff. A 'Purple Partial Slip' is then taken to the class teacher. Similarly, if children leave early for the day, parents must buzz the intercom at the Union Street gate to be admitted into the office. Admin staff will phone the classroom for your child to come up to the office. Please be aware of early departures in recess and lunch breaks as it can be quite difficult to locate your child in the playground.

Medication at School

The office is only able to administer 'prescribed medication' to students. This means medication that has been prescribed by a doctor. This medication must be left in the package provided, clearly labelled with the child's name and dosage. If medication is required, a parent will need to come to the office and complete a Student Health Condition Support for Prescribed Medication form.

SCHOOL STAFF ARE NOT ABLE TO ADMINISTER PANADOL OR NON-PRESCRIPTION MEDICATIONS.

In the Office

OFFICE HOURS:

8:30AM TO 3:15PM

School Email: thejunctionp.school@det.nsw.edu.au

SCHOOL SECURITY

ph: 1300 880021

Office Team

Mrs Dianne Edwards
Mrs Amanda Brake
Mrs Angela Bowen
Mrs Kathy McInnes
Mrs Lesley Janissen

General Assistants

Mr Tom Jervis
Mr Darren Ray

In the Community

P&C News

P&C Contact email

Jessica Ryan, President
president@junctionpandc.org

UNIFORM SHOP

ONLINE ORDERING!

www.tipsuniform.com

Secondhand Uniform Donations

Donations accepted are bomber jackets, polo fleece jumpers, red polo shirts and black sport shorts. We are unable to accept donations of white shirts or tunics.

Email the Uniform Shop:

tipsuniformshop@gmail.com

PLEASE ASSIST WITH DELIVERY OF UNIFORM ORDERS BY PUTTING YOUR **CHILD'S NAME** on the order (in the NOTES section)

Please ensure that your Child's name is clearly marked on all items of clothing



The Junction Public School

Kindy 2024 Transition

Transition to school

A wonderful opportunity for future students to prepare for school by attending our transition program one day a week.
Commencing **July 26th every Wednesday during Term 3 from 12-1pm.**
Parents are welcome to come along, join in and meet our staff and other families.

Please RSVP to the email address below to book your place.

Information Session:
August 23rd 4-5pm

Book Week Parade: August 24th

Orientation Dates
9-11 am
November 8th
November 22nd
December 6th

Personal Tours

These are available by appointment year round. Meet our staff, ask questions and hear about all the great opportunities TJPS has to offer.

For more information and to RSVP please Contact: Jo Ellis
Email: jo-anne.ellis@det.nsw.edu.au Phone: 4963 1343



Let's Make Music

Information about Band, Strings and Choir Ensembles



Bandfest 2023

Monday 16 to Wednesday 18 October (Term 4 Week 2)

Bandfest Newcastle celebrates the performance development of primary and secondary public school bands. Providing an opportunity for school bands to display their progress over the year, observe other bands and receive constructive feedback from recognised musical experts. This is a competition event, which provides a learning experience for all of our band and ensemble members.

Previously this event has been at the Warners Bay Arts Centre. This year, it will take place at Newcastle Town Hall and we will ask families to arrange transport to the event, therefore eliminating bus costs.

Once we receive a performance timetable I will send a permission note out with further information for you. Parents will be and are encouraged to come and watch their children's sections. With more room at this venue, it should be a lot easier to manage.

Angie Harris



BAND FEES

Term 3
NOW DUE



BAND DAYS



Premier Band

Tuesday
5th Sept

Concert Band

Wednesday
6th Sept

Primary Band

Next Term
Wednesday
11th Oct

Coming Up in the Library



Coming to The Junction in August for K - 3

Students in K - 3 are invited to come and join Marley and Henry in a celebration of the way books and the 2023 CBCA Shortlist can inspire every individual on their journey of personal growth and development.

WAY TOO COOL! explores the CBCA Children's Book Week theme: READ, GROW, INSPIRE, a highly interactive musical adventure!

Cost \$8.50

GRANPARENTS DAY

We will be holding our annual Grandparents Day book donation on Friday 15 September in the Library from 12pm.

The Library has purchased some books and you are able to donate towards the cost on the day. A label is placed in the book with the donated child's name and they are the first to borrow the book.

More details on our grandparents day will be available closer to the date.



PACER Rebate

Students from our school have recently undertaken an education tour of the national capital, Canberra. Students were given the opportunity to participate in a variety of educational programs with a focus on Australia's history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion, the Australian Government is contributing funding of \$30 per student under the Parliament and Civics Education Rebate program towards those costs. The rebate is paid directly to the school upon completion of the excursion.

TJPS factored this rebate into the initial cost of the excursion and was taken off the actual amount charged to the school by Macquarie Educational Tours.

Learning Gallery

Todd Woodbridge Cup Tennis Competition

On Friday August 18, 10 Year 5 students participated in the Todd Woodbridge Cup Tennis Competition. The students involved were Milos M, Rory B, Jos B, Bailey H, Bowen F, Brooke C, Juliet A, Mayra P, Maisie C and Eva C. There were around 340 students who attended on the day and TJPS came 6th overall in the Stage 3 competition. Everyone played really well and had a lot of fun! Thank you to Mrs Wilson for supporting us on the day.

Written by Brooke C.



NSW Premiers Spelling Bee Regional Final

On Friday August 18 Oliver L from Year 4 and Atiksh P from Year 5 represented our school in the NSW Premiers Spelling Bee Regional Final. These students competed against the regional finalists from all over NSW in an online spell off consisting of multiple rounds. Each round students were eliminated from the competition if they misspelt their allocated word.

Both students studied the word list extremely hard in the lead up to the final and should be extremely proud of their efforts. Oliver came 2nd out of 28 participants and Atiksh made it to the top 6 out of 29 participants before getting out in round 8.

Congratulations to these outstanding spellers! We know you will continue to excel in the years to come!



NSWDET Tenpin Bowling Competition

On Friday August 18, a team of four students proudly represented The Junction Public School at the NSWDET Tenpin Bowling Competition. On the day, 28 teams from primary schools around the Hunter Region competed for 3 places at the final in Sydney. The TJPS team started off strong in the first few frames, with a couple of early strikes and spares. While we couldn't keep this momentum going through the whole two games to make it through to the finals round, the team all had smiles on their faces and demonstrated sportsmanship, persistence and perseverance throughout. Well done, team!



SistaSpeak

This week our SistaSpeak program started for our Stage 2 and 3 First Nations girls. The aim of the program is to provide a culturally safe space for the girls to build relationships and connections to Culture and provide a space for confidence building, achievement and respect for themselves and others. What a great morning having a feed, yarn, and weave! We are looking forward to our next meet up in Week 10.



Zone Athletics Carnival

On Friday August 11, 41 students represented TJPS at the Newcastle City PSSA Zone Athletics, which was held at Glendale. It was a day of blue skies, spectacular performances and wonderful sportsmanship. All of our athletes should be extremely proud of their efforts. Congratulations to all of our students who attended Zone. Our Zone competitors were Samuel D, Gus B, Oscar R, Lola C, Freya C, Nahni S, Harvey S, Knox V, Ethan B, Isabella Y, Evie B, Maisie W, Lyla B, Lola T, Nina C, Easton B, Miles C, Lila B, Logan L, Bowen F, Lachlan D, Carter F, Thomas B, Eva C, Madison B, Ella H, Kaelan M, Zach W, Matilda S, Indiya K, Ava M, Marthen M, Rosa D, Charlie B, Elkie B, Lucinda M, Cooper S, Willow OH, Reggie R, Edison K, Henry M.

A huge congratulations to 15 of our athletes who have qualified for Regional. We had some amazing results from these students and these students will represent the Hunter at Regional on Friday 1st September. Congratulations to Madi B, Lyla B, Eva C, Lola C, Nina C, Sam D, Marthen F, Ella H, Edison K, Indiya K, Logan L, Willow OH, Matilda S, Lola T and Isabella Y. This year we have two of our relay teams competing at Regional, our Senior Girls Relay Team and Junior Girls Relay Team. Goodluck to all of our Regional competitors!

Regional Athletes	Events
Madi B	senior girls relay
Indiya K	senior girls relay
Eva C	senior girls relay, 11yr girls long jump, 11yr girls 100m
Matilda S	senior girls relay, 12/13yr girls 1500m, 12yr girls 100m, 12/13yr girls 200m, 12/13yr girls 800m
Lola T	junior girls relay
Isabella Y	junior girls relay, 9yr girls 100m, junior girls shot put
Nina C	junior girls relay
Lyla B	junior girls relay, junior girls 200m
Lola C	8 yr girls 100m
Sam D	8 yr boys 100m
Marthen F	12/13 yr boys long jump, 13 yr boys 100m
Ella H	11yr girls 800m
Edison K	12/13yr boys shot put, 12/13yr boys discus
Logan L	junior boys 1500m, junior boys 800m, junior boys 200m
Willow OH	11yr girls shot put

2023 Zone Athletics Carnival





SHOUT OUT to our amazing Office ladies- Dianne, Kathy, Angela, Amanda and Lesley



Below are some messages from TJPS teachers, Executive staff and students.

Always greeted with a smile and never is anything too big of an ask (even when sometimes dropped on you last minute).

We appreciate your dedication and flexibility with the time you spend helping us organise administrative tasks, all while juggling a rather large sick bay triage, most days at the same time.

We are grateful for your hard work and devotion to making our school the wonderful place that it is.

Much love,

Mrs Jones and Ms Smoother =)

A big thank you to our amazing ladies working in the Office. TJPS are very lucky to have such hard working, caring, patient, sincere and compassionate people working at our front office. They work tirelessly each day keeping our school running and assisting students, parents, carers and teachers, and this is always done with a smile!!! We appreciate all that you do for us- THANK YOU!!

Much love, Mrs Ladkin

Our Office ladies are the best in the business. No job is too small or too hard. I am grateful to be working in a school with such amazing support.

Heartfelt gratitude,

Miss Harris

Thank you for always being so flexible, patient, and caring. Your incredible knowledge of students and families is an invaluable resource, TJPS is lucky to have such a dedicated and hardworking team. We appreciate you!

Thank you for all that you do for TJPS. We are very lucky to have such approachable, friendly and helpful office staff who keep our school running every day. Whenever we have excursions or things happening in the school your knowledge and oversight is invaluable. We appreciate all the little and big jobs you do throughout your weeks and are very grateful to have such a wonderful office team!

Much love, Miss Smith 😊

Our office team are the best! They all have their own little areas of expertise that just make things run so smoothly. Their relationships with families and knowing the crucial background info of our students and families greatly supports teachers to create safe learning environments for our students and forms the start of all our high trust relationships within the community. We'd be lost without them!

The office staff are wonderful. Thank you for always showing patience and kindness regardless of how busy you all are. I really appreciate the support and help you lovely ladies provide; it really helps make each day easier. Every one of you always go above and beyond to help both the staff and the students. We are so grateful for all you do to keep the school running, you really are the backbone of the school. We couldn't ask for a better office staff!

Our school would not be the same without our beautiful office staff. A huge thank you for your kindness and dedication in caring for our students, families and teachers. No task is too big or small and you are always happy to help in any way you can. Thank you for everything you do for us!

Thank you to our School Administrative Team for everything you do. Your support of staff, students and our families at Junction Public School is sensational. Your positive impact on the learning and wellbeing outcomes of our students is immeasurable!

Mr Rob Low :)

To our lovely office ladies, thank you for your hard work, dedication and positive attitudes! You are always so accommodating with your time, and no job is ever too big! You make our school a brighter place!

Lots of love, Miss Spring xx









COMMUNITY MESSAGE BOARD

P & C Update

Interrelate Relationship Experts are back at TJPS with their Tricky Talks Evening Program on Wednesday 30 August. The program involves 2 one-hour face to face presentations designed to support conversations about 'where did I come from?', and physical and emotional changes during puberty. These sessions are aimed at families with children in Years 3 to 6. This will be held in the new hall, with two sessions to choose from – 6pm & 7:15pm, you are welcome to attend one session or both. This is a non-compulsory event and participation is at the discretion of families. Cost is \$41.50 per family. Register and pay online at Flexischools. Overview and session outline is available at front office.

On Friday 1 September 8am-9am we welcome you to 'Donuts with Dad' - a Father's Day celebration in honour of all the Dads, Grandfathers, Uncles, Father figures and special people in our lives. All family & friends of TJPS are invited to join us. Pre-order* your donuts on Flexischools, orders are NOW OPEN! There will be a selection of Doughheads Original Glaze or Cinnamon Sugar donuts available to choose from on the day (*Pre-orders essential). We are looking for some volunteers to help out for a short period during the event. Please see the following volunteer link -



Father's Day 2023 - Donuts with Dad

Please review the available slots below and click on the button to sign up. Thank you!

www.signupgenius.com

Throughout Term 3, all TJPS students will participate in the Premier's Sporting Challenge, as well as continuing their work with the Resilience Project. In celebration of all their hard work we will conclude the term with the 'Kindness Colour Run' on Thursday 21 September. We have received some AMAZING prize donations for this event so far.. Xbox, Fitbits, sporting equipment, a Rip Curl pack, vouchers for local adventure parks, cafes and restaurants, and MORE! For your child's chance to win one of these prizes please keep filling in those sponsorship forms. Prizes will go to the top sponsor earners, and all students returning a sponsorship form will also go into the draw to WIN!!! This is an event for the whole family, parent participation is highly encouraged! We will be calling on lots of volunteers to make the day a success so if you have been wanting to get involved in a school event, this is the one! Stay tuned for the launch of some fun Colour Run merchandise... coming to Flexischools very soon!!

If you are interested in volunteering for any of the above events, or if you have any questions, please reach out to us at president@junctionpandc.org

TJPS P&C Team

TRICKY TALKS EVENING PROGRAM WEDNESDAY 30TH AUGUST

ATTENTION PARENTS | CARERS
FROM YEAR's 3&4 5&6
come along with your children

session one
6-7pm

Where did I come from?

session two
7:15-8pm

Preparing for puberty

Register & Pay now online at [flexischools](https://flexischools.co.uk)

This is a non compulsory school event and participation is
at the discretion of families



cost \$41.50 per family

Overview & session outline available front office

Made with PosterMyWall.com

JOIN US FOR **DONUTS** *with* **DAD**



8am - 8:50am | Friday 1 September
At The Junction Public School

Come enjoy donuts with your dads, uncles,
grandpas, family or friends.

Must pre-order donuts on Flexischools by
Wed 30 Aug at the special price of \$4.50 ea.

Coffee cart available on the day, plus tea or milo
from the canteen.

Bring your handball skills!

DONUT MISS OUT

Brought to you
by your P&C



supported by

Dough Heads

kindness

COLOUR RUN



PUT IT IN YOUR CALENDAR

21 SEPTEMBER 2023

This is an event for the whole school, including parents & carers, to come together and celebrate the kids achievements in the Premier's Sporting Challenge and in the Resilience Project.

This is also our major fundraising event for the year.
We need lots of volunteers and community support!
Contact the P&C if you can help out.
More details about the day coming soon.



BROUGHT TO YOU BY TJPS P&C



Taking orders! **SCHOOL WATERPROOF SOFT SHELL JACKET**

ORDERS OPEN NOW
Limited time only



BENEFITS INCLUDES

- ✓ New option for the changing weather conditions
- ✓ Teflon fabric protector
- ✓ Repels water kids stay dry
- ✓ Protects from wind
- ✓ Lightweight and breathable
- ✓ Excellent functionality

\$55

PER ORDERS
ONLY



NOW ON SALE!
Pre Orders ONLY

Order Now for Delivery Term 4
Not available in store

CAN TRY ON SAMPLES AT OFFICE

Made with PosterMyWall.com

For online uniform shop ordering, visit
www.tjpsuniform.com



GARDENING CLUB VOLUNTEERS!!!



TUESDAY 1PM

Every Tuesday we are after keen volunteers to help with weeding, pruning, mulching etc. (parent/carer activity only).



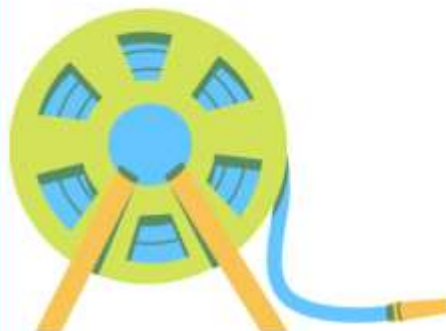
This will be without the children, helping to manage our big beautiful grounds.



There is no need to sign up or commit to weekly help, please just turn up when you can.

EQUIPMENT DONATIONS NEEDED

- Retractable long hose
- Gloves
- Seasol
- Watering cans



FRIDAY 1PM

Get your hands dirty with the kids at lunch time.

No sign up necessary, just turn up when you can.



Gardening Club with the children in Wiki Yantin Koba (Garden For Everyone).



Please get in touch with Louise Crosskill for any queries or if you are interested in helping, louiseccrosskill@outlook.com

Welcome to The Resilience Project

PARENTS & CARERS

This year, we are excited to bring The Resilience Project (TRP) into our school community!

WHY?

Current research tells us...

Why mental health matters

RESILIENCE PROJECT



One in four Australian adolescents will experience mental health problems this year

Nearly two thirds of them will not seek help.



One in seven primary school students are also likely to experience mental health problems this year.

Source: National Survey of Mental Health and Wellbeing, Australian Institute of Health and Welfare, Australia's Youth: Mental Illness

EVIDENCE-BASED

The Resilience Project's School Partnership Program has been independently evaluated by both The [University of Adelaide](#) and The [University of Melbourne](#). Click the links or scan the QR code to find out more about the impact the program has on emotional wellbeing and behavioral changes.



ABOUT THE PROGRAM

The Resilience Project is committed to teaching positive mental health strategies to prevent mental ill-health and build young people's capacity to deal with adversity.

We will be implementing their evidence-based **Teaching and Learning Program** throughout our classrooms, staffroom and school community.

Teachers and students will engage in weekly lessons and activities around the key principles of **Gratitude, Empathy, Mindfulness (GEM) and Emotional Literacy** to build resilience.

WHAT CAN BE DONE AT HOME?



To learn more about The Resilience Project and get involved from home, you can start exploring the ideas, activities and resources which bring **Gratitude, Empathy and Mindfulness (GEM)** to life on [TRP@HOME](#).

The **Imperfects** podcast, led by Hugh van Cuylenburg, Ryan Shelton and Josh van Cuylenburg, is all about how perfectly imperfect we all are. Hugh, Josh and Ryan chat to a variety of interesting people who bravely share their struggles and imperfections, and we all learn some valuable take-aways we can apply to our own imperfect lives.



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Season Information

NJCA Junior Comp - Mixed and All Girls (age 7+), Saturday morning & midweek, Summer 2023/24

Newcastle Junior Cricket Association
10 Oct 2023 - 29 Mar 2024






A vibrant poster for the Woolworths Cricket Blast. The background is a bright blue sky with a young child in a yellow shirt and hat swinging a cricket bat. The Woolworths Cricket Blast logo is in the top left, featuring a green and white cricket ball. In the top right is the Newcastle City Sabres Cricket logo. A large QR code is in the center, surrounded by a circular border with the text 'BLASTERS REGO'. To the left of the QR code is the PlayHQ logo. At the bottom left, the text 'SIGN UP TODAY' is written in large, bold, white letters. At the bottom right, a smartphone displays the PlayHQ app interface, showing the registration process for the Newcastle City & Eastern Districts Cricket Club. The app screen includes a search bar, a list of clubs, and details for the selected club, including season information and pricing.

Woolworths CRICKET BLAST

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Player

Season information

Cricket Blast, Summer 2023/24
01 Jun 2023 - 15 Apr 2024

Pricing information

Fees are \$110 which includes Woolworths Cricket Blast pack.